

19th

Malaysian Urological Conference

Final Announcement

Pullman Kuching,
Sarawak Borneo, Malaysia
26-28 Nov 2010

Quality care through innovations

Highlights

Uro-Oncology

BPH

Overactive Bladder

MUA-SUA Joint Session

MUA-TUA Joint Session

MUA-MSN Session – Surgical Access

The Australian Connection

Live Surgery Workshop

• **Robotic Prostatectomy**

• **Robotic Partial Nephrectomy**

• **Laparoscopic Partial Nephrectomy**

• **LESS Nephrectomy (Benign Condition)**

• **Laparoscopic Radical Nephrectomy**

• **Transurethral Enucleo-Resection of Prostate**

Urology Ultrasound and Prostate Biopsy Workshop

Urology Nursing Symposium

Features

Free Paper for physician and allied health
Poster and Video

11 Plenary Sessions

CME points will be awarded

Prizes

- ★ Storz Prize for Best Video Abstract
- ★ Sreenevasan Prize for Best Poster
- ★ Sanofi-Aventis Prostate Prize for Best Prostate Paper

Organised by:

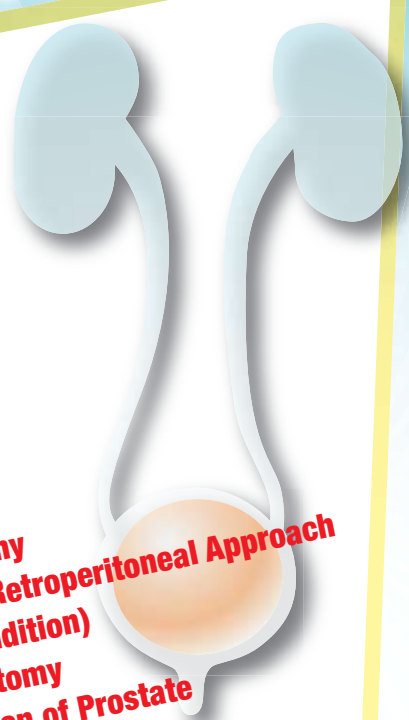


Malaysian Urological
Association

Supported by:



Ministry of Health
Malaysia



Message from Chairman

Welcome to the Land of hornbill

The 19th MUC will take place in the latest 5-stars hotel in Kuching, the Pullman. On behalf of the organizing committee, I will like to extend our warmest welcome to all of you.

The theme of the conference is “Quality care through innovation” with focus on latest innovations in technology, surgical techniques and pharmacotherapy that will improve patient care in urology practice. With fifty local and internationally renowned experts as our faculty members, the stage is set for an interesting and engaging interchange of ideas over the whole congress period. These leading experts will bring us updates on the latest developments in the fields of minimally invasive urologic surgery, uro oncology, BPH, overactive bladder, andrology and premature ejaculations.

One pre-congress and two post congress workshops have been planned. Live surgeries featuring robotic, laparoscopic, LESS and endourological procedures, performed by leading experts from China, Europe, India and Korea will be transmitted to the newly completed conference room in the Sarawak General Hospital.

There will also be a concurrent nursing symposium for all the nurses and allied health care providers to exchange ideas on issues pertinent to urology nursing. I would like to urge all participants to submit a poster or a video for the conference. Generous prizes had been allotted for the best poster, best prostate research paper and best video.

In order to foster closer ties with our sister societies in ASEAN and also the nephrologists; there will be joint sessions with TUA (Thailand Urological Association), SUA (Singapore Urological Association) and MSN (Malaysia Society of Nephrology). I believe such cooperation will enhance the working relationship between the societies in the future.

The committee will like to express sincere gratitude to our industry partners for their generous support and participation. They will display their most recent advances in equipments and drugs at the congress exhibition

Aside from the conference, you will also have the opportunity to experience a myriad of Sarawak tourist and cultural attractions that are exceptional and fascinating. You will be spoilt for choice from visiting a classical Iban longhouse, award-winning Sarawak Cultural Village, Bako National Park to the Semonggoh Orang Utan sanctuary, just to name a few.

You can see this conference is going to be very exciting and I can assure that you will leave with fond memories of Sarawak and its lovely people.

Book your flight and join us in Kuching !



Teh Guan Chou
Chairman
19th Malaysian Urological Conference



Clarence Lei Chang Moh
Co-Chairman
19th Malaysian Urological Conference

Organising Committee & Congress Secretariat

Organising Committee

Chairman Teh Guan Chou
Co-Chairman Clarence Lei Chang Moh
Committee members Azad Hassan
 Khor Tze Wei
 Lim Meng Shi
 Murali Sundram
 Ong Teng Aik
 Poongkodi Nagappan
 Rohan Malek
 Selvalingam Sothilingam
 Susan Woo Yoke Yin
 Zulkifli Md Zainuddin

Congress Secretariat

Najatushima Abdul Wahab
Congress Secretariat
19th Malaysian Urological Conference
Malaysian Urological Conference
Suite 2-5, Level 2, Medical Academies of Malaysia,
No. 210, Jalan Tun Razak, 50400 Kuala Lumpur
Tel: +603 4025 1251
Fax: +603 4025 1252
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Email: borneourology@gmail.com



International Faculty

Australia

John Miller
 Wesley Hii
 Yap Hin Wai

China

Liu Choon Xiao
 Zhang Xu

Hong Kong

Peggy Chu
 Sidney Yip
 To Hoi Chu

India

Pradeep Rao

Japan

Tetsuya Fujimura

Korea

Jun Cheon
 Koon Ho RHA

The Netherland

Peter Mulder

Singapore

Christopher Cheng
 Foo Keong Tatt
 Ho Sun Sien, Henry
 Kesavan Esuvaranathan
 Li Man Kay
 Michael Wong
 Tan Puay Hoon

Thailand

Bannakij Lojanapiwat
 Sittiporn Srinualnad
 Wachira Kochakarn

United Kingdom

David Gillatt
 Mark Speakman
 Naeem Akhtar
 Graeme Conn
 Mark Underwood

Local Faculty

Arumuga Kumar Rajendram
 Azad Hassan Abdul Razack
 Chong Wooi Loong
 Chua Chong Beng
 Clare Tan Hui Hong
 Clarence Lei Chang Moh
 Ghazali Ahmad
 Git Kah Ann
 Goh Bak Leong
 Koh Eng Thye
 Lim Meng Shi
 Loh Chit Sin
 Murali Sundram
 Ong Teng Aik
 Ong Teong Kiam
 Rajeentheran Suntheralingam
 Rohan Malek
 Sahabudin Raja Mohamed
 Selvalingam Sothilingam
 Susan Woo
 Suzet Tan
 Tan Hui Meng
 Teh Guan Chou
 Wong Hin Seng
 Wong Koh Peng
 Zulkifli Md Zainuddin

Urology Nursing Symposium

Asiah Abdul Rahman
 Fahizah Idris
 Habidah Esa Perri
 Khatijah Abdullah
 Khiderah Samingan
 Normazlina Lanilah
 Reni Belon
 Salbiah Rahim
 To Hoi Chu

Scientific Programme

26th NOV 2010, Friday		SPEAKER
0700-1700		
0800-0810	Welcome Address by Organising Chairman	Teh Guan Chou
	Plenary 1 Moderator: Teh Guan Chou / Foo Keong Tatt	
0810-0830	Urology Training in Malaysia – Tribute to Dr. Sreenevasan	Clarence Lei
0830-0850	UAA LECTURE – New Questionnaire in OAB and LUTS	Tetsuya Fujimura
0850-0910	LUTS AND BPO – How To Treat Our Patients	Mark Speakman
	Plenary 2 Moderator: Loh Chit Sin / Rajeentheran S	
0910-0930	Ketamine Uropathy : A New Epidemic	Peggy Chu
0930-0950	Chemoprevention for Prostate Cancer – Lesson Learned from PCPT and Reduce Trial	TBA
0950-1010	Current Status and Future Direction of LESS in Urology	Pradeep Rao
1010-1030	TEA BREAK	
	Plenary 3 Moderator: Azad Hassan / Michael Wong MUA -SUA SESSION (Supported by Sanofi-Aventis (M) Sdn Bhd)	
1030-1050	LUTS and Erectile Dysfunction	Li Man Kay
1050-1110	Prostate Biopsy – Can We Do Better in Clinical Practice	Henry Ho
1110-1130	PSA and Prostate Cancer Screening	Rajeentheran S
1130-1150	Brachytherapy for Prostate Cancer – Evidence Based Approach	Loh Chit Sin
1150-1210	Panel Discussion and Q & A	
1210-1330	LUNCH SYMPOSIUM - OAB (Supported by Pfizer (M) Sdn Bhd)	
	Plenary 4 Moderator: Chong Wooi Loong / Naeem Akhtar Advanced Prostate Cancer Symposium (Supported by Astra-Zeneca)	
1330-1350	Intermittent Androgen Deprivation Therapy – When To Use and for Whom?	David Gillatt
1350-1410	ADT for Biochemical Failure Post Radical Prostatectomy	John Miller
1410-1430	Treating Metastatic Prostate Cancer Beyond Androgen Deprivation	TBA
1430-1450	Panel Discussion	Selvalingam S
1450-1510	TEA BREAK	
1510-1700	Podium Session for Abstracts / Moderated Poster Sessions / VIDEO	Moderator: Ong Teng Aik / Susan Woo
1900-2200	FACULTY DINNER (INVITATION ONLY)	
27th NOV 2010, Saturday		SPEAKERS
	Plenary 5 Moderator: Sahabudin Raja Mohamed / Li Man Kay	
0800-0820	Robot Assisted Radical Prostatectomy – Lessons Learned After 200 Cases	Srinualnad
0820-0840	Robot Assisted Radical Prostatectomy in the Asian – Yongsei University Technique	Koon Ho Rha
0840-0900	How to Achieve the Trifecta in RARP, Technical Tips and Trick	Christopher Cheng
0900-0920	Video Based Panel Discussion	
	Plenary 6 Moderator: Teh Guan Chou / Sidney Yip	
0920-0940	Robotic Partial Nephrectomy – The Emerging Standard of Care for T1a RCC	Christopher Cheng
0940-1000	Robotic LESS - New Horizon for MIS in Urology	Koon Ho Rha
1000-1020	Robotic Cystectomy - Current Status and Challenges Ahead	Jun Cheon
1020-1040	Robot Assisted Radical Cystectomy – The Malaysian Experience	Murali Sundram
1040-1100	TEA BREAK	

Plenary 7 Moderator: John Miller / Wesley Hii		
1100-1120	Current Management of Small Renal Tumour	Teh Guan Chou
1120-1140	Thermal Ablative Therapy for Small Renal Tumour	Sidney Yip
1140-1210	Critical Review of Molecular Targeted Therapy in the Treatment of Metastatic and High Risk Renal Cell Cancer	Peter Mulder
1210-1230	Case Based Panel Discussion	Git Kah Ann
1230-1330	LUNCH SYMPOSIUM - PREMATURE EJACULATION (Supported by Janssen-Cilag)	
Plenary 8 Moderator: Clarence Lei Chang Moh / Yap Hin Wai		
1330-1350	Uro pathology – What the Urologist Should Know	Tan Puay Hoon
1350-1410	Current Status of Intravesical Therapy for NMI TCC of Bladder	Kesavan Esuvaranathan
1410-1430	Lymphadenectomy During Radical Cystectomy – Current Status and Controversy	Chua Chong Beng
1430-1450	Neobladder – Technical Issue and Long Term Outcome	Rohan Malek
1450-1510	TEA BREAK	
Plenary 9 Moderator: Azad Hassan / Bannakij Lojanapiwat		
MUA - TUA SESSION		
1520-1540	Testosterone and Prostate Cancer	Tan Hui Meng
1540 - 1600	Late Onset Hypogonadism - Practical Approach	Zulkifli Zainuddin
1600 - 1620	Testosterone and Prostate Cancer - Myths and Facts	Bannakij Lojanapiwat
1620 - 1640	Novel Therapeutic Agents in the Treatment of OAB	Wachira Kochakarn
1700-1900	MUA AGM (for members only)	
2000-2200	CONFERENCE DINNER (by ticket only)	

28th NOV 2010, Sunday		SPEAKERS
Plenary 10 Moderator: Rohan Malek / Ghazali Ahmad		
MUA-MSN SESSION – Surgical Access – Patient's Life Line		
0800-0820	Surgical Access – What the Nephrologists Need	Ghazali Ahmad
0820-0840	Strategy and Planning of Surgical Access	Koh Eng Thye
0840-0900	Ultrasound in Vascular Access	Wong Hin Seng
0900-0920	Complication in Surgical Access – Prevention and Management	Rajeentheran S
0920-0940	Percutaneous Endovascular Intervention – Indications and Limitations	Ong Teong Kiam
0940-1000	TEA BREAK	
Plenary 11 Moderator: Clare Tan / Murali Sundram		
1000-1020	Peritoneal Dialysis – Percutaneous Approach – Safety and Efficacy	Goh Bak Leong
1020-1040	Laparoscopic Peritoneal Catheter Placement and Adjustment	Lim Meng Shi
1040-1100	Laparoscopic Donor Nephrectomy Programme in Malaysia	Arumuga Kumar R
1100-1120	Take Home Message from 19th MUC	Rajeentheran S
1120-1130	Concluding Remarks	Teh Guan Chou
1130-1330	LUNCH	

Urology Nursing Symposium

Date : 26 November 2010
 Time : 1030 - 1640
 Venue : Pullman Kuching, Sarawak, Borneo
 Moderators : Khatijah Abdullah, Fahizah Idris, Jessica Umang, Salbiah Rahim, Khiderah Samingan

Time	Topics	Speakers
1030 - 1040	Opening Remarks	Teh Guan Chou
1040 - 1100	Maintaining Dignity in Patients with Conditions	Khatijah Abdullah
1100 - 1120	Pre & Post OP Care for Cystectomy with Neo Bladder – Selayang Hospital Experience	Nor Mazlina Lanilah
1120 - 1140	Stoma Nursing	Reni B
1140 - 1200	Management of Urinary Calculi – Overview of PCNL, URS, ESWL	Git Kah Ann
1200 – 1330	LUNCH SYMPOSIUM by Pfizer (M) Sdn Bhd	
1330 - 1350	Dispelling the Misconceptions in Indwelling Foley Catheter and Clean Intermittent Catheterization	To Hoi Chu
1350 - 1410	Evidence Based Nursing Management of Neurogenic Bladder to Optimize the Disease Outcome	To Hoi Chu
1410 - 1430	Safe Surgery Saves Lives Initiative Implementation – Selayang Hospital Experience	Salbiah Rahim
1430 - 1450	Post Basic Urology Nursing	Habidah Esa Peri
1450 - 1510	AFTERNOON TEA BREAK	
1510 - 1530	Robotic Surgery : HKL Nursing Experience	Khiderah Samingan
1530 - 1550	Update in Urology : Day Care Surgery	Asiah Abdul Rahman
1550 - 1600	Common Nursing Problem	
1600 - 1620	Free Paper Session for Paramedic	
1620 - 1640	Take Home Message	Fahizah Idris

Urology Ultrasound and Prostate Biopsy Workshop

Date : 28th November 2010, Sunday
 Time : 1400 – 1800 hr
 Venue : Ground Floor, Pesona Room, Sarawak General Hospital
 Moderators : Tan Suzet, Wong Koh Ping, Foo Keong Tatt, Loh Chit Sin, Teh Guan Chou, Clarence Lei, Henry Ho

Time	Moderator : Teh Guan Chou and Rajeentheran S	Speaker
1300 – 1330	LUNCH AND REGISTRATION	
1330 – 1335	Welcome Address	Teh Guan Chou
1335 – 1405	Principles & Tips of Ultrasound	Wong Koh Peng
1405 – 1435	The Role of Transabdominal Ultrasound in the Urology Clinic	Foo Keong Tatt
1435 – 1505	TRUS & Prostate Biopsy – How I Do It	Clarence Lei
1505 – 1535	Scrotal Ultrasound	Suzet Tan
1535 – 1600	AFTERNOON TEA	
1600 – 1800	Live Case Demonstration	
	Case 1: TRUS under Local Anaesthesia	Clarence Lei
	Case 2: TRUS Saturation Biopsy	Henry Ho
	Case 3: Transperineal Saturation Biopsy under GA	Loh Chit Sin

Conference Information

Conference Secretariat

19th Malaysian Urological Conference
Suite 2-5, Level 2,
Medical Academies of Malaysia
210, Jalan Tun Razak
50400 Kuala Lumpur, Malaysia
Tel : + 603 4025 1251
Fax: +603 4025 1252
Email: malaysianurologicalassociation@gmail.com

Conference Venue

Pullman Kuching
No. 1A, Jalan Mathies
93100 Kuching
Sarawak, Malaysia
Tel : +6 082 222 888
Fax: +6 082 222 999

Registration fees

	Before 15th September 2010	After 15th September 2010
Full Delegate Registration	RM550	RM600
Nurse and Allied Health	RM300	RM350
Trade Registration	RM300	RM300
Live Surgery Workshop : Laparoscopic and Robotic Urology (25 November 2010)	RM100	RM100
Conference Dinner (27 November 2010)	RM50	RM50
Urology Ultrasound and Prostate Biopsy Workshop (28 November 2010)	RM50	RM50

Registration Form

Please return the completed Form to the Secretariat with appropriate fees as early as possible to ensure receipt of the Conference bag and the complete set of conference materials upon checking in at the Conference Registration Desk. Photocopies of the form may be used.

Payment Details:

Name of the Account : 19th Malaysian Urological Conference
Account Number : 514075011581
Bank Address : Malayan Banking Berhad, Lot AG 1-2 & AG 9-10,
Block A, Plaza Pekeliling, No. 2, Jalan Tun Razak,
50500 Kuala Lumpur

Entitlements

Full registrants will be entitled to:

- Opening Ceremony
- All symposiums
- Conference bags and materials
- Coffee/Tea
- Lunches
- Admission to the exhibition areas

Cancellation and Refund Policy

The Secretariat must be notified in writing of all cancellations. Refund will be made after the Conference. The cancellation policy is as follows:

Cancellation on and before 15th September 2010	:	50%
Cancellation after 15th September 2010	:	Nil

Registration Hours

25th November 2010	1500 - 1700
26th November 2010	0800 - 1700
27th November 2010	0800 - 1200
28th November 2010	0800 - 1000

Letter of Invitation

Upon request, the Organising Committee will issue a letter of invitation. The sole purpose of the letter is to facilitate the delegate's travel and visa arrangements. The invitation does not imply provision of financial support.

Certificate of Attendance

A certificate of attendance will be issued to all delegates.

Liability

The Organising Committee will not be liable for personal accidents, loss or damage to private properties of participants during the conference. Participants should make own arrangements with respect to personal insurance.

DISCLAIMER

Whilst every attempt will be made to ensure that all aspects of the Conference published in this announcement will take place as scheduled, the Organising Committee assumes no responsibility should any of these fail to materialize for any reason.

The sponsors / delegates will have to contact the hotel directly to make the room reservation for the 19th Malaysian Urological Conference. The details of the hotels are listed below:

Name of the hotel	Address	Contact details
Pullman Kuching	No. 1A, Jalan Mathies, 93100 Kuching, Sarawak	Tel : +6 (082) 222 888 Fax: +6 (082) 222 999 Email : H6332-sl2@accor.com Website : www.pullmanhotels.com
Room Category	Superior Room	RM290++ per room per night with 1 breakfast
	Deluxe Room	RM330++ per room per night with 1 breakfast
	Executive Superior Room	RM390++ per room per night with 1 breakfast
	Executive Deluxe Room	RM430++ per room per night with 1 breakfast
Somerset Gateway, Kuching	No. 9, Jalan Bukit Mata, 93100 Kuching, Sarawak	Tel : + 6 (082) 250 958 Fax : +6 (082) 259 958 Kindly use the reservation form as attached.
Room category	Two Bedroom Deluxe Residence	RM346 nett per night, with breakfast for 4 persons
	Studio Executive	RM176 nett per night with breakfast for 2 person
Four Points by Sheraton	3186-3187 Block 16 KCLD Jalan Lapangan Terbang Baru, 93350 Kuching, Sarawak	Tel : +6 (082) 280 888 Fax: +6 (082) 280 650 Toll Free Number : 1800 80 1001 Email : reservations.kuching@fourpoints.com
Room Category	Comfort Room (single)	RM220++ per room per night with breakfast
	Junior Suite (king sized bed)	RM350++ per room per night with 1 breakfast
Grand Margherita Hotel	Jalan Tunku Abdul Rahman, 93100 Kuching, Sarawak, Malaysia	Tel : +6 (082) 418 911 Fax : +6 (082) 237 296 Email: reservations@gmh.my
Room Category	Standard Room (single/double)	RM250++ per room per night with breakfast
	Deluxe Room (single/double)	RM290++ per room per night with breakfast
Damai Puri Resort and Spa**	Teluk Penyuk, Santubong, 93762 Kuching, Sarawak	Tel : +6 (082) 846 900 Fax : +6 (082) 846 005 Email : alexlim@damaipuriresort.com Website : www.damaipuriresort.com
Room category	Standard Room (single/double)	RM250 nett per room per night

** Damai Puri Resort and Spa is one hour by land from Kuching town.



**Pullman Kuching,
Sarawak Borneo,
Malaysia**

26-28 November 2010

Registration Form

Please complete this form in BLOCK CAPITALS and submit it together with your registration fee to confirm your participation.

Prof Dr Mr Mrs Ms

Name _____

Mailing Address _____

Tel: _____ Fax: _____

Email: _____ Mobile: _____

Registration Fees

CATEGORY	BEFORE 15th Sept 2010	AFTER 15th Sept 2010	Please tick
Full Delegate Registration	RM550	RM600	
Nurse and Allied Health	RM300	RM350	
Trade Registration	RM300	RM300	
Live Surgery Workshop : Laparoscopic and Robotic Urology (25 November 2010)	RM100	RM100	
Conference Dinner (27 November 2010)	RM50	RM50	
Urology Ultrasound and Prostate Biopsy Workshop (28 November 2010)	RM50	RM50	
		TOTAL	

Please issue cheque in favour of the **19th Malaysian Urological Conference** and kindly mail the completed registration form together with payment to address below:

Congress Secretariat 19th MUC
 Malaysian Urological Association
 Suite 2-5, Level 2, Medical Academies of Malaysia
 No. 210, Jalan Tun Razak, 50400 Kuala Lumpur
 Tel: 603-4025 1251 Fax: 603 4025 1252
 Email: borneourology@gmail.com or mua@tm.net.my
 Website: www.borneourology2010.com

Registration without payment will not be processed.



SARAWAK CULTURAL VILLAGE

See Sarawak in half day” is the claim made by the Sarawak Culture Village, a unique award winning living museum offering an excellent introduction to local cultures and lifestyles. It is located at the foothill of the legendary Mount Santubong, fronting the South China sea. The village also called the “Living Museum” because people live in the houses & create their handicraft and traditional snacks. The Village has seven representative ethnic house – Bidayuh Longhouse, Iban Longhouse, Penan Hut Orang Ulu Longhouse, Melanau Tall House, Malay House and Chinese Farm House. Observe the lifestyle, arts, craft, game, foods, clothes & music of 7 major cultural of Sarawak. Enjoy yourself with a fascinating performance of the multi – culture dance in village’s own theater. There is also a good restaurant and handicraft shop on – site.

- Departure time : 09:00 hrs or 14:00 hrs
- Departure day : Daily, with Minimum 2 paxs on SIC basis
- Start/End : Kuching (city centre)
- Approximate Duration : 4 Hours
- Inclusive of : Entrance fee
- Per Person : MYR 105.00 per person per tour (SIC)
MYR 228.00 per person per tour (Private)



KUCHING CITY TOUR

A City Tour of Kuching, a quaint and lovely City, it was the Capital of the personal Kingdom of Sir James Brooke, better know as the White Rajah. There are many historical buildings in the City including the Square and Round Towers, the colonial Courthouse, General Post Office, Fort Magherita and the Astana. Visit the Cat Monument, City Hall, the Tua Pek Kong - oldest Chinese Temple in the city and the famed Sarawak Museum reputed to house the best ethnographies collections in Southeast Asia.. Drive through quaint Malay kampungs (villages), explore the centre of the City passing through the colourful India Street and traditional shop houses. If time permits, take a walk on the Waterfront with its outdoor cafes and watch sampans plying the Sarawak River ferrying passengers from one side of the river to the other.

Note : Sarawak Museum & Cat Museum are closed on the first day of public holidays

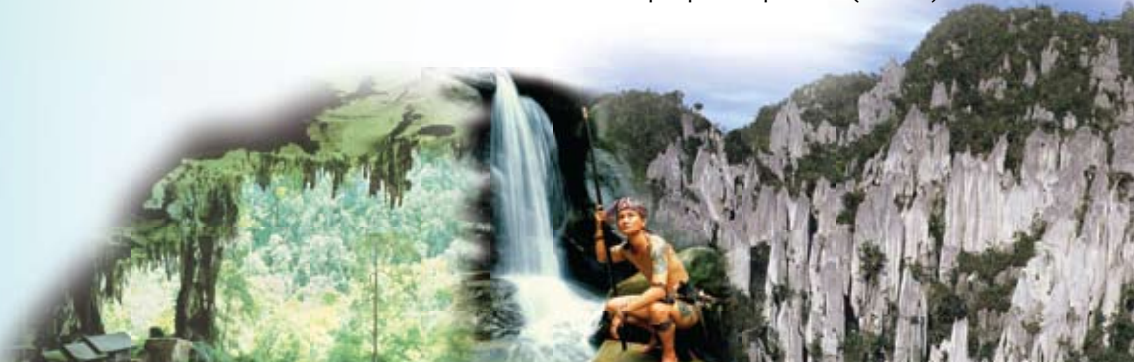
- Departure time : 09:00 hrs or 14:00 hrs
- Approximate Duration : 3 Hours
- Start/End : Kuching (city centre)
- Per Person : MYR 67.00 per person per tour (SIC)
MYR 142.00 per person per tour (Private)



ANNAH RAIS LONGHOUSE

Living in a longhouse is the way of life of the Land and Sea Dayaks of Sarawak. It is a community dwelling constructed of belian and bamboo, roofed with atap and standing on stilts. Visit a Bidayuh Land Dayak longhouse, situated about 80KM (an hour) from Kuching. Enroute you can view the country side dotted with padi fields, cocoa smallholdings, pepper vineyards and old rubber plantations. The narrow road to the village is often shaded by jungle foliage and primary rainforest. Explore the longhouse and feel and take a peek at the human skulls kept at the “head-house” or the baruk as they are known in the community. Observe their way of life & learn about their cultural on – site.

- Departure time : 09:00 hrs or 13:30 hrs
- Departure day : Daily, with Minimum 2 paxs on SIC basis
- Start/End : Kuching (city centre)
- Approximate Duration : 4 - 5 Hours
- Inclusive of : Entrance fee
- Per Person : MYR 90.00 per person per tour (SIC)
MYR 211.00 per person per tour (Private)





SEMENGGOH ORANG UTAN

Visit the Semenggoh Orang Utan Rehabilitation Centre. The entire facility occupies an area of 740 acres, the only remaining green belt near to the City offering a sanctuary for Orang Utans. The Centre is a temporary home for displaced Orang Utans also known as “men of the jungle”. They have been rescued from captivity or are young orphans and are trained or re-trained to survive in their natural surroundings. Take a walk on the trails and try to spot semi-wild Orang Utans. There are feeding times scheduled everyday at the feeding platform. On returning to the city, stop for a visit to a pottery for a close up look at nimble hands fashioning works of art. Watch the potter at his wheel and see what happens when pieces of clay is baked and then painted. This is also a good place to pick up souvenirs as a keepsake of your trip.

Departure time	: 08:00 hrs or 14:00 hrs
Departure day	: Daily, with Minimum 2 paxs on SIC basis
Start/End	: Kuching (city centre)
Approximate Duration	: 3 Hours
Per Person	: MYR 73.00 per person per tour (SIC) MYR 165.00 per person per tour (Private)



SHOW CAVES OF MULU

3 DAYS 2 NIGHTS

Departure day	: Daily, with Minimum 2 paxs on SIC basis
Start/End	: Miri
Per Person	: MYR 403.00 per person per tour (SIC)

Day 1: Depart Miri airport on MH3630 etd 0920hrs. Arrive Mulu airport, meet your guide and transfer to your choice of accommodation. 1200hrs – Lunch at Sg. Pala Restaurant. After lunch we proceed by van to Park HQ for a visit to Deer and Lang’s Cave. We trek along the plank walk (3 km) through the rainforest. Explore the largest cave passage in the world- DEER CAVE and LANG’S CAVE. Relax at the open air observatory for an opportunity witness the phenomenon exodus of BATS out of the caves, spiraling high overhead and ascend to the sky where they will search for food. We then returned to the Park and transfer to your accommodation. (Lunch, Dinner)

Day 2: Breakfast. Take a morning longtail boat ride to visit Batu Bungan Penan Settlement where you are able to purchase the local handicraft made by the Penan tribe Go by boat to the CAVE OF THE WINDS with is tall, slender stalagmites, then on to the source of the CLEARWATER RIVER, see the underground river and visit the dry passage of the LADY’S CAVE. Swim at the Clearwater Spring. Transfer to your accommodation, free leisure the rest of the day. Overnight at your accommodation. (Breakfast, Lunch, Dinner)

Day 3: Free leisure until transfer to Mulu airport for flight to Miri MH3631 etd 1010hrs. Eta Miri 1040hrs. (Breakfast)



SHOW CAVES OF MULU

2 DAYS 1 NIGHT

Departure day	: Daily, with Minimum 2 paxs on SIC basis
Start/End	: Miri
Per Person	: MYR 366.00 per person per tour (SIC)

Day 1: Depart Miri airport on MH3630 etd 0920hrs. Arrive Mulu airport, meet your guide and transfer to your choice of accommodation.

1200hrs – Lunch at Sg. Pala Restaurant. After lunch we proceed by van to Park HQ for a visit to Deer and Lang’s Cave. We trek along the plank walk (3 km) through the rainforest. Explore the largest cave passage in the world - DEER CAVE and LANG’S CAVE. Relax at the open air observatory for an opportunity witness the phenomenon exodus of BATS out of the caves, spiraling high overhead and ascend to the sky where they will search for food. We then returned to the Park and transfer to your accommodation. (Lunch, Dinner)

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AOS Conventions & Events Borneo Sdn Bhd

Lot 112, First Floor, Lorong Datuk Abang Abdul Rahim 5A
93450 Kuching, Sarawak
Tel and Fax : 082 330398 Mobile : 6016 2323662
Email: Adeline Teng at aoskch@asianoverland.com.my

19th
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